

**PSYC 1010 6.0 B: INTRODUCTION TO PSYCHOLOGY
FALL/WINTER, 2015-2016**

Instructor: Dr. Rebecca Jubis

Office: Rm. 251 B.S.B. (Behavioural Sciences Building)

Office Hours: By appointment

Secretary: Agnes Levstik, located in Rm 281 BSB, phone: 416-736-5125

Email: jubis@yorku.ca. Be sure to indicate your course and section, and sign with your full name.

Website: Go to: <https://moodle.yorku.ca>
Log in with your Passport York account
Click on the course
If you require assistance in accessing the website, please contact
esohelp@yorku.ca or call 416-736-5800 (I will not be able to help)

It is important that you logon to Moodle. If you do not, you will not have access to important course information or to your grades, and you will not receive important notifications/reminders that I email to the class.

Teaching Assistant Contact Information: soon to be posted on Moodle

	<u>Time</u>	<u>Location</u>
<u>Lectures:</u>	Tuesday and Thursday 11:30-1:00	CLH-L

Course Description:

This course is designed to provide you with a broad overview of the field of Psychology. We will begin by examining research methods that are commonly used in Psychology and this will be followed by an examination and comparison of the different perspectives that have been adopted for viewing and interpreting human behaviour. Some of the topics that will be covered are: Freudian theory, biological aspects of behaviour, personality, memory, motivation, social influence, learning, and psychological disorders

Required Text:

David G. Myers and C. Nathan Dewall (2015). Psychology: 11th edition in MODULES. Worth Publishers.

IMPORTANT: The 11th edition in Modules is similar to the earlier edition (10th edition in modules; Special Update for DSM-5 version with a red stamp on the cover) but there ARE differences in content, and modules have been re-organized. **Tests will be based on the 11th edition in Modules** and if you choose to use other versions of the text, “use at your own risk”. I made the 11th edition available for loan at the Reserve Desk of Scott Library if you want to compare.

This **textbook** is available in either a “loose-leaf” or a “hard cover” version (the loose-leaf version being the least costly), and is bundled with **LaunchPad, an on-line resource.**

LaunchPad is an excellent tool for studying and testing your understanding of course material, and contains a study guide, tutorials, quizzes etc. Be sure to make good use of it!!

To activate LaunchPad see the link on Moodle or go to:

<http://www.macmillanhighered.com/launchpad/myers11inmodules/1887213>

and enter your access code that was provided when you purchased the textbook. If you don't have an access code, you can go to this site and purchase one.

READINGS (in order of instruction) AND TEST SCHEDULE

FALL TERM:

THE STORY OF PSYCHOLOGY

Module 1 – What is Psychology?

THINKING CRITICALLY WITH PSYCHOLOGICAL SCIENCE

Module 2 – The Need for Psychological Science

Module 3 – Research Strategies

Module 4 – Statistical Reasoning in Everyday Life

PERSONALITY

Module 46 – Introduction to Personality and Psychodynamic Theories

Module 47 – Humanistic Theories and Trait Theories

Module 48 – Social-Cognitive Theories and the Self

TEST 1A – TUESDAY, OCTOBER 20 (worth 11%)

Modules 1-4

TEST 1B – THURSDAY, OCTOBER 22 (worth 11%)

Modules 46-48; Video #14

LEARNING

Module 21 – Basic Learning Concepts and Classical Conditioning

Module 22 – Operant Conditioning

Module 23 – Biology, Cognition, and Learning

SOCIAL PSYCHOLOGY

Module 42 – Social Thinking

Module 43 – Social Influence

Module 44 – Antisocial Relations

Module 45 – Prosocial Relations

CONSCIOUSNESS AND THE TWO-TRACK MIND

Module 8 – Brain States and Consciousness

Module 9 – Sleep and Dreams

Module 10 – Drugs and Consciousness

THE BIOLOGY OF MIND

Module 5 – Neural and Hormonal Systems

Module 6 – Tools of Discovery and Older Brain Structures

Module 7 – The Cerebral Cortex and Our Divided Brain

TEST 2A – TUESDAY, DECEMBER 1 (worth 11%)

Modules 21-23; Modules 42-45

TEST 2B – THURSDAY, DECEMBER 3 (worth 11%)

Modules 8-10; Modules 5-7; Video #19

WINTER TERM:

ASSIGNMENT - due TUESDAY, FEBRUARY 2 IN CLASS (worth 8%)

MEMORY

Module 24 – Studying and Encoding Memories

Module 25 – Storing and Retrieving Memories

Module 26 – Forgetting, Memory Construction, and Improving Memory

THINKING AND LANGUAGE

Module 27 – Thinking

Module 28 – Language and Thought

INTELLIGENCE

Module 29 – What is Intelligence?

Module 30 – Assessing Intelligence

Module 31 – The Dynamics of Intelligence

Module 32 – Genetic and Environmental Influences on Intelligence

WHAT DRIVES US: HUNGER, SEX, FRIENDSHIP AND ACHIEVEMENT

Module 33 – Basic Motivational Concepts

Module 34 - Hunger

Module 35 – Sexual Orientation ONLY (section 35-6 on pg 440-446)

Module 36 – Affiliation and Achievement

ALSO:

Module 37 – Introduction to Emotion

Module 38 – Expressing Emotion

Module 39 – Experiencing Emotion

TEST 3A – TUESDAY, FEBRUARY 23 (worth 11%)

Modules 24-26; Modules 27-28

TEST 3B – THURSDAY, FEBRUARY 25 (worth 11%)

Modules 29-32; Modules 33-36 (but only section 35-6 for Module 35); Modules 37-39; Video #16

EMOTIONS, STRESS, AND HEALTH

Module 40 - Stress and Illness

Module 41 - Health and Coping

PSYCHOLOGICAL DISORDERS

Module 49 – Introduction to Psychological Disorders

Module 50 – Anxiety Disorders, OCD, and PTSD

Module 51 – Depressive Disorders and Bipolar Disorder

Module 52 – Schizophrenia

Module 53 – Dissociative, Personality, and Eating Disorders

THERAPY

Module 54 – Introduction to Therapy and the Psychological Therapies

Module 55 – Evaluating Psychotherapies

Module 56 – The Biomedical Therapies and Preventing Psychological Disorders

SENSATION AND PERCEPTION

Module 18 – Basic Concepts of Sensation and Perception

Module 19 – Vision: Sensory and Perceptual Processing

Module 20 – Nonvisual Senses

TEST 4A – TUESDAY, MARCH 29 (worth 11%)

Modules 40-41; Modules 49-53

TEST 4B – THURSDAY, MARCH 31 (worth 11%)

Modules 54-56; Modules 18-20; Video #23

Supplemental Materials Posted on Moodle:

Lecture notes, taken by teaching assistants, will be posted on Moodle, but they should not be considered a substitute for attending classes.

Under some of the different topic headings posted on Moodle, you will find additional helpful and interesting resources that relate to course material. These include exercises to test your understanding of the textbook material, and short video-clips that demonstrate some of the concepts presented in the text. (You will not be tested on this material, but I urge you to check it out).

On-Line Open-Forum Discussion:

You can participate in a general discussion forum on Moodle where you are free to discuss with classmates, course-related issues or any psychology-related topic or concern. Discussions will be monitored regularly by a teaching assistant.

METHODS of EVALUATION:

There will be 8 tests, 1 assignment, and URPP participation.

A) TESTS

There will be a total of 8 tests, each will consist of about 60 multiple-choice questions, and each will be worth 11%. **Don't let the number of tests scare you!** Because lectures are only 90 mins long rather than 3 hours, tests must be relatively short. Consequently, you will have 2 short tests over two consecutive classes and this means that you will have less material to study at once for a given test. The first test will be designated with an "A", the second with a "B". For example "Test 1A" and "Test 1B". For testing purposes, you are responsible for assigned modules in the text (even if the material was not covered in class), and material presented in lectures and videos. (Videos are discussed below). You will be tested on one or two multiple-choice questions from each assigned video.

IMPORTANT: Photo ID (YU-card preferable) is required to write all tests.

Tests/assignments are not returned to students, however, you can make arrangements with your TA to view them. **Arrangements to view any work must be made with your TA BEFORE Test 4.** You will need to produce photo ID.

Missed Tests:

If you are unable to write a test for medical reasons or personal crisis, **you must notify your teaching assistant** by email **NO LATER THAN 48 HOURS** after the test. Also, you must have appropriate documentation for your absence. **If you miss a test for medical reasons, your physician must complete the "Attending Physician's Statement" form that can be downloaded from Moodle.** To be deemed valid, the document should contain the **office stamp** and be **dated close to the time** of illness. **Alternative medical notes will not be accepted.** Hand in your documentation to your teaching assistant at the time of the make-up test. You will NOT be allowed to write a make-up test under any other circumstances! I would strongly advise against writing a test if you are ill, because grades will NOT BE ADJUSTED after-the-fact to compensate for such circumstances.

Make-up Tests:

Make-up tests are typically scheduled about one week after the test week. If you miss both tests in the given "test week" (for example, both Test 1A and Test 1B), you will be writing both tests back-to-back in the same make-up test session.

Test Accommodations for Persons with Disabilities:

If you are registered with the Counselling and Disability Services (CDS) and will be writing your tests through "alternative exams" (arranged by the Registrar's Office), you must provide me with your letter of accommodation at the beginning of the course. It is important that, at the **beginning of the year, you schedule ALL eight tests with that office.** If you miss a test, you must make arrangements immediately with that office to write a make-up test, notify me of your absence, and provide me with your documentation for missing the test.

B) ASSIGNMENT:

There will be one assignment worth 8% of your grade, and it's due during lecture on **Tuesday, Feb 2, 2016.** Since all tests are multiple-choice, this assignment will constitute a "written component" and provide you with the opportunity to apply some of the concepts that you have learned. All of the information needed to complete the assignment can be found in the text, or it was discussed in lecture. Outside research is not required.

Any assignment that is not handed in during lecture will be considered late and there will be a 5 mark penalty for each day late. Thursday, **Feb 4 is the last day** on which the assignment will be

accepted. You are expected to work on the assignment independently, and you should refrain from posting any answers on the discussion board (which will be monitored regularly). I suggest that you check out the “Academic Honesty” link on Moodle to ensure that you have a good understanding of what is considered to be plagiarism.

C) UNDERGRADUATE RESEARCH PARTICIPATION POOL (URPP)

The Department of Psychology requires that students earn 4% of their final grade by participating in research. This research is conducted by faculty and graduate students and has received ethical approval. The types of studies are quite varied and a number of them are on-line studies. This 4% is earned by participating in research for a total of 6 hrs (6 credits). You can earn 3 credits (2%) by participating for 3 hrs in the fall term and earn another 3 credits (2%) by participating for 3 hrs in the winter term. **IMPORTANT: you cannot earn all 6 credits (4%) in just one term. If you complete all 6 credits in the fall, or all 6 credits in the winter, you will earn only 2% and NOT 4%. Also, if you earn 3.5 credits in the fall, for instance, the .5 credits will NOT be carried over into the winter term.**

You are strongly encouraged to partake in this research. Not only does it give you the opportunity to experience what types of studies are conducted in Psychology, but 4% can make a difference in your letter grade! Do not wait until the last minute to participate because your choices might be limited, and all available studies might be filled.

URPP opens on Sept. 10 and the deadline for participation for the fall term is Dec. 23. (Winter term – Jan 3 to Apr 4, 2016).

If you prefer not to participate in research, you can choose to participate in the “**paper stream**” option instead. For this alternative, you must analyse a published psychology research report that will be assigned to you by the URPP office, after you **notify them of your preference for this option**. Depending upon the quality of your responses, you can earn up to 4% of your final grade. **IF YOU CHOOSE THIS “PAPER STREAM” OPTION, YOU MUST NOTIFY URPP at urpp@yorku.ca BY OCTOBER 2.**

A link to URPP information will be set up on our course website as soon as that information becomes available. It will provide you with instructions about how to register with URPP, important URPP rules, as well as important dates and deadlines. In addition, a URPP representative will soon be visiting the class to provide details.

Be sure to provide your correct **course section** when you register with URPP or you may not receive credit for your participation.

Videos:

You will be required to view a few videos that are relevant to some of the topics that we will be covering. These 25-min long videos are available on-line. One or two multiple-choice questions from a given video will be asked on a test, and the questions will be quite general in nature.

There is a **link to the videos on Moodle**, or go to:

<http://www.learner.org/resources/series138.html> and click on the “VoD” icon located on the right of the video title. If you have trouble accessing the videos this way, try to simply “google” the title.

<u>Video #</u>	<u>Title</u>	<u>Test</u>
14	The Mind Hidden and Divided	Test 1B
19	The Power of the Situation	Test 2B
16	Testing and Intelligence	Test 3B
23	Health, Mind and Behaviour	Test 4B

EVALUATION SUMMARY:

TEST 1A – TUESDAY, OCTOBER 20 (worth 11%)

Modules 1-4

TEST 1B – THURSDAY, OCTOBER 22 (worth 11%)

Modules 46-48; Video #14

TEST 2A – TUESDAY, DECEMBER 1 (worth 11%)

Modules 21-23; Modules 42-45

TEST 2B – THURSDAY, DECEMBER 3 (worth 11%)

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TEST 3B – THURSDAY, FEBRUARY 25 (worth 11%)

Modules 29-32; Modules 33-36 (but only section 35-6 for Module 35); Modules 37-39; Video #16

TEST 4A – TUESDAY, MARCH 29 (worth 11%)

Modules 40-41; Modules 49-53

TEST 4B – THURSDAY, MARCH 31 (worth 11%)

Modules 54-56; Modules 18-20; Video #23

URPP – (Research Participation) (worth 4%)

Please Note:

If you require a particular grade in this course, please work now towards attaining it. This course does not offer extra assignments or tests at the end of the course to accommodate students who are a few marks short of their desired grade.

A letter grade will be “rounded up” when calculating your overall final grade if your final percentage ends in .50 or higher. For example, if your final grade is 74.50% it will be rounded up from a B to a B+. However, if your final percentage is 74.38% for example, your letter grade will remain a B. You must draw the line somewhere and .50% is the designated cut-off.

The last day to withdraw from the course so that your grade does not appear on your transcript is Friday, February 5, 2016.

Marking Scheme Used In This Course:

A+	90 and above
A	80-89
B+	75-79
B	70-74
C+	65-69
C	60-64
D+	55-59
D	50-54
E	40-49
F	below 40

A regulation has been passed by the Senate of York University stating that students require a **minimum grade of C (4.0) in PSYC. 1010 6.0** to be allowed to pursue a degree in Psychology, or to enrol in further Psychology courses even if they do not plan to major in Psychology.

Cheating:

Don't even consider it...it's not worth it!! York University considers cheating and plagiarism a serious offence, and penalties are harsh.

Please go to: www.yorku.ca/academicintegrity/students/index.htm and read the **Senate Policy on Academic Honesty** and complete the **Online Tutorial on Academic Integrity**. (There is a link to this on Moodle).